

# Missouri Public Health Association

# “Psychological Crisis Intervention”

Thursday, December 12, 2019

Holiday Inn Executive Center  
2200 I-70 Drive SW  
Columbia, MO



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## SCHEDULE *of* EVENTS

- 8:30 am**                      **Registration**
- 9:00 am**                      **Welcome**  
Dr. Dalen Duitsman
- 9:00 - 12 noon**            **Psychological First Aid (PFA)**  
Psychological First Aid is an evidence-informed course for the general public in the aftermath of disaster and terrorism. PFA is designed to reduce the initial distress caused by traumatic events and foster short and long term adaptive functioning and coping. PFA core actions constitute the basic objectives of providing early assistance within days or weeks following an event.
- 12 - 12:30 pm**            **Lunch**
- 12:30 - 3:30 pm**            **Psychological First Aid (PFA) continued**
- 3:30 - 4:30 pm**            **Self-Care**  
Self-care teaches tools, activities, and resources to maintain overall health. Self-care explores not just the physical, but also the psychological, emotional, social, and spiritual components of an individual's well-being. This is beneficial to everyone but especially those in caregiver rolls or stressful work/personal environments.
- 4:30 pm**                      **Closing Remarks**

### SPEAKERS

**Eric S. Evans**, CCP Project Director, Missouri Department of Mental Health-Disaster Services, began his current duties at the Department of Mental Health as the Director of Emergency Management. Prior to coming to DMH he worked at the University of Missouri for over 16 years on faculty and most recently as the emergency management director for the Columbia campus. Mr. Evans developed a nationally recognized emergency management program within MU Extension (Community Emergency Management Program) and received the prestigious Outstanding Program Award through the International Community Development Society for his efforts. Mr. Evans is retired Colonel from the Missouri National Guard as special staff for strategic plans, training and exercises. He holds a B.A. degree in Medical Sociology from the University of Missouri and has completed the Post Graduate Certificate in Homeland Security – Homeland Defense, which is delivered by the Homeland Defense and Security, Naval Postgraduate School.

**Beckie Gierer** is the Director for Continuity of Operations Planning with the Missouri Department of Mental Health (DMH) Office of Public and Legislative Affairs/Office of Disaster Services. Beckie has a Master's of Science from the University of Central Missouri and has worked with the State of Missouri for eighteen years. Beckie started her career with the Department of Public Safety and has worked for the Department of Social Services but has spent the majority of her years of service with the DMH (13 years). In addition to Beckie's role as the Director of Continuity, she serves as the grants manager for the HPP and PHEP grants with the Office of Disaster Services and supervises crisis counseling program grants after federally declared disasters. Beckie is also a contracted trainer with SAMHSA for the FEMA Crisis Counseling Program and has trained crisis counselors in Missouri, North Carolina, Wisconsin, and California. Beckie has provided trainings for DMH consumers, staff and providers, voluntary organizations, hospitals, community businesses, and first responders at conferences and in agency settings on behavioral analysis, trauma, self-care/team-care, personal preparedness, mental health first aid, continuity of operations, skills for psychological recovery, and the importance of behavioral health in emergency planning.

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..... Pre-registration is required ~ Registration deadline is December 9, 2019 .....

Name \_\_\_\_\_

Agency \_\_\_\_\_

Address \_\_\_\_\_

City, State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

### REGISTRATION FEES

- MPHA Members \$75.00
- Non-Members + MPHA Membership \$135.00
- Student/Retirees \$30.00
- Non-Members \$150.00

**Total Amount Enclosed/Due \$ \_\_\_\_\_**

### PAYMENT OPTIONS

*Payment must accompany the registration form*

Check Enclosed     Credit Card (see below)     Invoice

Credit Card Payment Options:     MasterCard /  Visa /  Discover /  American Express

Credit Card #:

Exp. Date:

CVV Code:

**Holiday Inn Executive Center** has a block of rooms reserved at a special rate of **\$99.95 for single or double** occupancy until **December 5, 2019**.

Call 573-445-8531 for reservations and ask for the  
**MPHA Special Rate.**

**Detach and mail payment to: MPHA, 722 E. Capitol Avenue, Jefferson City, MO 65101**  
**Phone: 573-634-7977, Fax: 573-635-7823, Email: sboeckman@mopha.org**